

# Counseling Client Evaluation Form

In an attempt to better serve your needs, please evaluate your recent counseling sessions using the rating system as described below. Circl the number that best describes your experience. Please return them to the Church Office.

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Date: \_\_\_\_\_

<b><u>ACCEPTANCE</u></b> -- ( "I feel accepted" )				
4 – Agree	3 – Somewhat Agree	2 – Neutral	1 – Somewhat Disagree	0 – Disagree
<b><u>POSITIVE REGARD</u></b> -- ( "My therapist like me" )				
4 – Agree	3 – Somewhat Agree	2 – Neutral	1 – Somewhat Disagree	0 – Disagree
<b><u>UNDERSTANDING</u></b> – ( "My therapist understands me" )				
4 – Agree	3 – Somewhat Agree	2 – Neutral	1 – Somewhat Disagree	0 – Disagree
<b><u>HONESTY &amp; SINCERITY</u></b> – ( "My therapist is honest and sincere" )				
4 – Agree	3 – Somewhat Agree	2 – Neutral	1 – Somewhat Disagree	0 – Disagree
<b><u>AGREEMENT ON GOALS</u></b> – ( "We work on my goals" )				
4 – Agree	3 – Somewhat Agree	2 – Neutral	1 – Somewhat Disagree	0 – Disagree
<b><u>AGREEMENT ON TASKS</u></b> – ( "I approve what we do in our sessions/homework" )				
4 – Agree	3 – Somewhat Agree	2 – Neutral	1 – Somewhat Disagree	0 – Disagree
<b><u>SESSION FLOW</u></b> – ( "Our sessions are smooth and I feel comfortable" )				
4 – Agree	3 – Somewhat Agree	2 – Neutral	1 – Somewhat Disagree	0 – Disagree
<b><u>SESSION DEPTH</u></b> – ( "Our sessions our deep; we get to the heart of things" )				
4 – Agree	3 – Somewhat Agree	2 – Neutral	1 – Somewhat Disagree	0 – Disagree
<b><u>HELPFULNESS/USEFULNESS</u></b> – ( "I find our sessions to be helpful" )				
4 – Agree	3 – Somewhat Agree	2 – Neutral	1 – Somewhat Disagree	0 – Disagree
<b><u>HOPE</u></b> – ( "I feel hopeful after our sessions" )				
4 – Agree	3 – Somewhat Agree	2 – Neutral	1 – Somewhat Disagree	0 – Disagree
<b><u>FAITH</u></b> – ( "I feel free to discuss my faith" )				
4 – Agree	3 – Somewhat Agree	2 – Neutral	1 – Somewhat Disagree	0 – Disagree